



UNIVERSITY
OF LATVIA



P. Stradins
Medical College of the
University of Latvia



KLAIPĒDOS
VALSTYBINĒ
KOLEGIJA



LATVIJAS SKAISTUMKOPŠANAS SPECIĀLISTU
ASOCIĀCIJA



LATVIJAS FIZIKĀLĀS MEDICĪNAS ASOCIĀCIJA



LATVIJAS ĀKĀSTĒRIJAS ASOCIĀCIJA

THE 6th INTERNATIONAL SCIENTIFIC CONFERENCE

HEALTH. PLEASANT SENSATION. PRACTICE.

April 6, 2023

P. STRADINS MEDICAL COLLEGE
OF THE UNIVERSITY OF LATVIA

PROGRAM

VENUE: P. Stradins Medical College of the University of Latvia, Vidus prospekts 38, Jūrmala

9.00 – 9.45 REGISTRATION (Building 1, hall)

1st PART OF THE CONFERENCE

9.45 – 10.20 OPENING OF THE CONFERENCE (Building 1, hall)

10.20 – 10.50 **Jeļena Viktorija Fedorkova**

Certified dermatologist and doctor – cosmetologist. Aesthetic medicine lecturer. Member of Latvian Association of Dermatovenerologists, Member of the Latvian Association of Aesthetic Medicine and Latvian doctors – cosmetologists, Latvia

PRESENTATION: Basics of neuroaesthetics and facial proportions

10.50 – 11.10 **Guna Havensone**

Doctor – specialist in nutrition and body aesthetics. Riga Stradiņš University, docent and candidate for the scientific degree of doctor in medicine, Latvia

PRESENTATION: An insight into the current affairs of modern nutrition science

11.10 – 11.20 **Mārīte Saulīte**

Certified podologist, docent of the P. Stradins Medical College of the University of Latvia, Latvia

Evija Todlebens

Podologist, Latvia

PRESENTATION: Application of massage of reflex zones for patients with ankle edema

11.20 – 11.30 **Natalja Utkina**

SIA Interlux product specialist, Riga, Latvia

PRESENTATION: Disinfectants and antiseptics from a German company Schuelke

11.30 – 11.50 **COFFEE BREAK** (Building 1, Room 204)

11.50 – 12.10 **Rafaels Ciekurs**

Physician's assistant, head of the Brigade support center "Krasts" in Emergency Medical Service of the Ministry of Health of the Republic of Latvia, Latvia

PRESENTATION: Telemedicine treatments, legal aspects in aesthetic medicine

12.10 – 12.20 **Rita Velika**

Certified beauty specialist in cosmetology, lecturer of the P. Stradins Medical College of the University of Latvia, Latvia

PRESENTATION: *HydraFacial* – multifunctional device procedure for solving problems of various facial skin conditions

12.20 – 12.50 **Ieva Zvīgule**

Doctor of Sports Science, certified physiotherapist, docent in anatomy, Latvia

PRESENTATION: Integrating trigger point treatment methods into professional activities of beauty industry specialists

12.50 – 13.10 **Milēna Jakuba-Zolotarjova**

Doctor dermatologist, Health Center – 4, Latvia

PRESENTATION: Skin microbiome, skin barrier, their relationship with skin diseases, therapeutic options

13.10 – 13.30 **Žilvinas Grigas,**

UAB "Biomedikos centras", head of the department, Lithuania. "Pollogen" official representative and training specialist in Latvia

Natālija Smirnova

"Pollogen Geneo" training specialist in Latvia, Latvia

PRESENTATION: Innovative application of various modern modified physical factors in interaction with cosmetic products for immediate skin oxygenation with the "Geneo" device

13.30 – 14.00 **COFFEE BREAK** (Building 1, Room 204)

MASTER CLASSES FOR BEAUTICIANS**14.00 – 17.00 I – MASTER CLASS FOR BEAUTICIANS (Building 6, Room 2)****Žilvinas Grigas**

UAB "Biomedikos centras", head of the department, Lithuania. "Pollogen" official representative and training specialist in Latvia

Natālija Smirnova

"Pollogen Geneo" training specialist in Latvia

MASTER CLASS: "Geneo" skin oxygenation therapy - a wide-spectrum skin care device with the application of various energies and diverse protocols for immediate results

II – MASTER CLASS FOR BEAUTICIANS (Building 6, Room 1)**Inguta Grinberga**

Certified beautician, Head of study program "Esthetic cosmetology", "Medical massage", lecturer of the P. Stradins Medical College of the University of Latvia, Latvia

Rita Velika

Certified beauty specialist in cosmetology, lecturer of the P. Stradins Medical College of the University of Latvia, Latvia

MASTER CLASS: Improving the condition of dehydrated facial skin with the HydraFacial device procedure

III – MASTER CLASS FOR BEAUTICIANS**Ivars Valters (Building 1, hall)**

Bather, vibro-acoustic massage specialist, amber therapy specialist, Latvia

MASTER CLASS: Sound and vibration massage

MASTER CLASSES FOR MASSAGE THERAPISTS**14.00 – 17.00 I – MASTER CLASS FOR MASSAGE THERAPISTS (Building 6, Room 305)****Marija Livčāne-Rodzeviča**

Certified masseuse, lecturer of the P. Stradins Medical College of the University of Latvia, Member of the Board of the Latvian Physical Medicine Association, Latvia

Gatis Goba

Certified massage therapist, lecturer of the P. Stradins Medical College of the University of Latvia, Latvia

MASTER CLASS: Myofascial massage for the back (with various instrumental techniques and free techniques)

II – MASTER CLASS FOR MASSAGE THERAPISTS (Building 6, Room 304)**Daiva Stančaitīte**

Klaipeda State College, Lecturer of the Department of Physiotherapy and Cosmetology, Lithuania

MASTER CLASS: The working posture and movements of the massage therapist during the procedure

III – MASTER CLASS FOR MASSAGE THERAPISTS (Building 1, hall)**Ivars Valters**

Bather, vibro-acoustic massage specialist, amber therapy specialist, Latvia

MASTER CLASS: Sound and vibration massage

17.00 THE END OF THE CONFERENCE. CERTIFICATES ARE ISSUED. (Building 1, hall)

CONFERENCE IS SUPPORTED BY:

