



PROGRAM

- 9.30 – 10.00 **REGISTRATION**
- 10.00 – 10.20 **OPENING OF THE CONFERENCE**
Ilga Eriņa, P. Stradins Medical College of the University of Latvia, principal
Ilze Briža, Latvian Association of Beauticians and Cosmetologists, board
Vineta Nehvadoviča, Latvian Physical Medicine Association, member
- 10.20 – 10.25 **Žanna Maļavkina,**
Sales and Marketing RM megapressgroup™ Les Nouvelles Esthétiques Latvia
RM Regional Manager
- 10.25 – 10.35 **Zita Butāne,**
P. Stradins Medical College of the University of Latvia,
course 3 student in study program Esthetic Cosmetology, Jūrmala, Latvia
THE REDUCTION TECHNIQUES OF SUN RAY CAUSED HIPERPIGMENTATION ON FACIAL SKIN BY USING ACID PEELING
- 10.35 – 10.50 **Ligita Prodniece,**
P. Stradins Medical College of the University of Latvia, lecturer, Jūrmala, Latvia
Stylist, Stila studija, Riga, Latvia
COLOUR SEASON DETERMINATION SETS AND PALLETES
- 10.50 – 11.00 **Anna Rybkovska, Viktorija Kieļaite**
VIRTUAL REALITY IN HEALTH CARE
Vilniaus Kolegija/ University of Applied Sciences, Vilnius, Lithuania
- 11.00 – 11.10 **Inese Strode,**
P. Stradins Medical College of the University of Latvia,
course 3 student in study program Esthetic Cosmetology, Jūrmala, Latvia
APPLICATION OF ACUPRESSURE AND FACIAL CLASSICAL MASSAGE METHODS FOR MATURE SKIN
- 11.10 – 11.20 **Jana Brosko,**
P. Stradins Medical College of the University of Latvia,
course 3 student in study program Esthetic Cosmetology, Jūrmala, Latvia
NECK AND DECOLLETE SKIN CARE IN ESTHETIC COOSMETOLOGY
- 11.30 – 13.30 **MASTER-CLASSES:**
- I – REFLEXOTHERAPY**
Master-class manager: **Dace Dagnija Legzdiņa, P. Stradins Medical College of the University of Latvia, lecturer and certified reflexotherapy specialist, certified masseuse**
- II – BODY'S DETOXIFICATION PROCEDURE**
Master-class manager: **Laila Saliniece, lecturer and BIODROGA training trainer**
- III – BODY COMPOSITION**
Master-class manager: **Anna-Liisa Tamm, Lecturer-Head of Physiotherapy and Environmental Health Department at Tartu Health Care College**

13.30 – 14.30 **COFFEE BREAK**

14.30 – 14.50 **Zeltīte Cēderštrēma,**

International Cosmetology College, associate professor, Riga, Latvia

FACE – MIRROR OF THE SOUL

14.50 – 15.00 **Lauma Pētersone,**

Certified beauty care specialist in cosmetology, Riga, Latvia

PERSONALITY GROWTH AND DEVELOPMENT POSSIBILITIES IN BEAUTY CARE BRANCH

15.00 – 15.15 **Olga Konoņenko,**

Beauty care specialist in cosmetology, Top Cosmetics, Riga, Latvia

COMODEX – FATTY AND PROBLEMATIC SKIN CARE

15.15 – 15.30 **Ieva Paškēvica,**

Face Beauty Fitness School, Riga, Latvia

AESTHETIC FACE AND BODY TAPING

15.30 – 17.30 **MASTER-CLASSES:**

IV – REFLEXOTHERAPY

Master-class manager: **Dace Dagnija Legzdīņa**, *P. Stradins Medical College of the University of Latvia, lecturer and certified reflexotherapy specialist, certified masseuse*

V – COMODEX – FATTY AND PROBLEMATIC SKIN CARE

Master-class manager: **Olga Konoņenko**, *beauty care specialist in cosmetology, Top Cosmetics, Riga, Latvia*

VI – LYMPHATIC TAPING OF FACE

Master-class manager: **Ieva Paškeviča**, *lecturer, face fitness and face manual modelling specialist, SPA master*

POSTER PRESENTATIONS:

- *Comodex – fatty and problematic skin care, Olga Konoņenko, Top Cosmetics, Riga, Latvia*
- *Patient care levels and physical activity during inpatient rehabilitation, Iveta Kokle–Narbuta, Ilva Aršauska, National Rehabilitation Center Vaivari, Jūrmala, Latvia*
- *Color season determination sets and pallets, Ligita Prodniece, P. Stradins Medical College of the University of Latvia, Jūrmala, Latvia Stila studija, Riga, Latvia*

17.30 – 18.00 **CONCLUSION OF THE CONFERENCE. Issuing of certificates.**

Conference is supported by:



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